



M A G I L L  
S C H O O L

Reception - Year 2  
Health and Physical Education  
Term 4 Overview  
Teacher: Florin Velea



## Have a great Term 4!

The **Health and PE program** provides two lessons a week for each class in Reception – Year 2 and is focused on the following curriculum areas:

- **Personal, Social and Community Health** (including body health and wellbeing, safe and active life, being part of healthy and active community)
- **Fundamental movement skills and Active play** (including fundamental movement skills, understanding movement, learning through movement and playing/group activities)

The **PE program** will include a range of activities focused on using and **applying** the skills developed throughout the year **at a higher level of difficulty** according to the age. These activities include complex exercises and obstacle courses, team games using rules and strategies and modified games including group combinations.

The activities will reflect the development in curriculum areas practiced during the previous three terms: **fundamental movement skills, rhythmic and expressive activities** and **active play and minor games** (including group/team games). Special lessons will be allocated to assess student's achievement in Health and Physical Education according to the requirements of Australian Curriculum.

Additionally, **cricket clinics** will be organized in Week 2 in collaboration with SACA, the sessions being designed to encourage our students to join the school teams.

The **Health program** is focused this term on **Mental health and wellbeing** and the topics will include:

- Mental health and wellbeing
- Personal hygiene
- Life cycle (changes, growth and ages characteristics)
- Healthy life style